

WHO IS THE PROGRAM DESIGNED TO SERVE?

Children aged 8-13 who are learning disabled or have attention deficit disorder and who may:

- avoid social contact;
- behave immaturely;
- can be aggressive in groups;
- experiences conflict with peers and/or authority figures.

PROGRAM DATES AND TIMES 2010/2011

Fall 2011 Session

Wednesdays—6:00pm—7:00pm
Sep. 28—Nov. 30, 2011

Winter 2012 Session

Wednesdays—6:00pm—7:00pm
Jan. 18—Mar. 28, 2012

(No Meeting during March break)

Spring 2012 Sessions

Wednesdays—6:00pm—7:00pm
Apr. 18 – Jun. 20, 2012

**Please Complete the Registration Form
on the Reverse Side**

Positive Conflict Resolution PROGRAM



**Idanp • Learning Disabilities
Association of North Peel**

The right to learn, the power to achieve

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LDANP gratefully acknowledges the
generous support of



**United Way
of Peel Region**

WHY A COMMUNICATION COURSE IN CONFLICT RESOLUTION?

There is a growing awareness that children and adolescents with learning disabilities and attention deficit disorders often have social/communication deficits.

Social learning is not a subject that is consciously taught. For the most part, the ability to understand social interaction, read facial expressions, perceive and express emotions, control impulsivity, and interpret language's more subtle meaning are acquired intuitively.

Some learning disabled students need to be explicitly taught social and communication skills and encouraged to practice these skills in a supportive environment. Too much anger can be costly, both physically and emotionally. Most kids & teenagers can use their anger in appropriate ways in some situations, and yet be ineffective in others. The Positive Conflict Resolution Program aspires to reduce levels of anger, especially in provocative situations. Participants will learn effective coping behaviors to stop escalation and to resolve conflicts.

The Learning Disabilities Association of North Peel is offering this Communication Course in Anger Management for children and adolescents to help them integrate into the mainstream of society and become accepted by their peers.

PROGRAM GOALS

- Anger Management Skills and Concepts
- Problem Solving Skills
- Coping Skills
- Conflict Resolution Skills
 - Increased Self Control
 - Increased Self-Esteem and Confidence
 - Increased Positive Attitude
 - Healthy Alternatives to Acting Out in Anger
 - Bullying



SPONSORING AGENCY

The Learning Disabilities Association of North Peel is a United Way Funded Agency, which serves parents of learning disabled children, their families, adults with learning disabilities, and professionals working with LD clients.

The Association was incorporated in 1985 as a registered charity, and is a member of the Canadian and Ontario Associations. LDA North Peel addresses a disability which affects approximately 10% of the general population. Our association is dedicated to creating a society in which persons with learning disabilities are enabled to reach their potential.

